

Full Report (All Nutrients) 45133965, BANQUET SMALL CHICKEN NUGGETS MEAL, UNPREPARED, GTIN: 00031000007072

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 15:47 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (176g) 176g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	299	170
Protein	g	--	--	13.01	7.39
Carbohydrate, by difference	g	--	--	32.00	18.18
Sugars, total	g	--	--	4.00	2.27
Minerals					
Calcium, Ca	mg	--	--	100	57
Iron, Fe	mg	--	--	1.44	0.82
Potassium, K	mg	--	--	370	210
Sodium, Na	mg	--	--	750	426
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.2	0.7
Vitamin A, IU	IU	--	--	4500	2557
Lipids					
Fatty acids, total saturated	g	--	--	2.99	1.70
Fatty acids, total monounsaturated	g	--	--	3.50	1.99
Fatty acids, total polyunsaturated	g	--	--	6.00	3.41
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	19	11

Amino Acids

Other

Ingredients

MACARONI AND CHEESE SAUCE: CHEESE SAUCE: Water, Cheddar Club Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Annatto [Color]), Modified Whey, Soybean Oil, Modified Corn Starch, Nonfat Dry Milk, Cheese Flavor (Whey, Cheese [Granular and Blue {Pasteurized Milk, Cheese Culture, Salt, Enzyme}], Sunflower Oil, Maltodextrin, Salt, Sodium Phosphate, Citric Acid, Lactic Acid), Salt, Sugar, Sodium Phosphates, Xanthan Gum, Citric Acid, Guar Gum, Beta Carotene (Color), MACARONI: COOKED PASTA: Water, Elbow Macaroni (Enriched Pasta [Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid]). BREADED CHICKEN BREAST NUGGETS WITH RIB MEAT: Chicken Breast with Rib Meat, Water, Bread Crumbs (Bleached Wheat Flour, Salt, Dextrose, Yeast, Soybean Oil, Spice, Extractives Of

Paprika), Textured Soy Flour, Batter Mix (Yellow Corn Flour, Corn Starch, Dextrose, Salt, Spices, Sugar, Autolyzed Yeast Extract, Modified Corn Starch, Garlic Powder, Guar Gum, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate]), Soy Flour, Modified Corn Starch, Salt, Autolyzed Yeast Extract, Sodium Tripolyphosphate, Flavorings. CONTAINS: MILK, SOY, WHEAT. *Date Last Updated by Company*
: 09/08/2016